# **Kugaaruk youth comments**

## Ala Angutingunirk

<u>Kugaaruk, Nunavut</u> · When i beat box it makes me feel good. It gives me lots of memories and hiphop and it helps me heal from all the pain inside me man i love you beat box

### Cynthia Qiluniq Nirlungayuk Kugaaruk, Nunavut via mobile

Hi Buddha, do you miss Kugaaruk? Because Kugaaruk sure misses you. Thank you to all for coming here and doing your hip hop healing. You helped a lot of the youth in Kugaaruk. I hope you will do it again. Once again thank you!

#### **April Anguti**

Hey Buddha! Everyone misses you and The Blue Print Crew :) I hope you guys come again next year for Hip-Hop! :D

By the way thanks so much to yiu and Blue Print for everything.. now i feel more comfortable telling everyone how i feel and whats going on.. And after Hip-Hop I always wanna dance! Everytime i hear dance music i just get up and start dancing and doing some move :) Thanks for healing and for all the stories :)  $\nabla$ 

a nice update by <u>Sean Paul Arceta</u> about the final day of our blueprint healing project Day 5: I am quite speechless on what has happened today. Today was incredible. Healing definitely went down today. At times, I usually restrain from being soft, but today along with the past few days have really hit me deep down.. perhaps it's more than just the work being done, whether it's talking about issues within the community, or doing dance, but I just became positively overwhelmed by ever ything in my mental and spiritual self.. Things which fascinated me were the artwork created by elders/parents and all the youth on a giant canvas with messages in Inuktitut, and English. More practice on healing took place that held significant sense of symbolism for everyone. Cries from within were revealed in everyone, and pains of the past were burnt as a new beginning to heal. I cannot type much for this one because there is too much that went down today. Blue Print was hype, but the youth got hyper everyday. Overall, the night finished with a bang, where members of the Blue Print Team threw down a set, presented a routine created by each member's individual groups of youth, a big group hustle, square dancing, throatsinging, beatboxing, Inuit Drum Dancing, and much more. This day is more than just a celebration, but a time of coming together. Again, thank you for those who are reading this. Megan Niptayuk

Blue Print Came to Kugaaruk, & this is after the Show. Thanks Blue print Crew for coming to Kugaaruk! you all made us feel more alive when we we're talking about how we all feel & we're healed we all understood each other's Feeling's!!. ♥

#### Jeannie Nanordluk Illuitok

Thank you so much for coming, you guys made a lot of difference to the youth and the Community. This is what one of my daughters wrote-- The hip hop dancers were Awesome they treat us nice and. I want to thank the Blue Print for coming and teach us to dance and play new game and how we fel about what we did to the kids we bullied. We had fun dancing together, laughing together, sharing stories, crying together that was fun. I hope to see them soon. Nelson teach us to Throat box and Beat box that was fun caause we learned how to beatbox and we drum dance, square dance. Buudah is a cool person he told us not to be a bully and how to respect others and those other stories what he told us and got bullied and teased. Just thought I would share what she wrote....

#### Sean Paul Arceta

Day 3 progressed even further in terms of working with the youth up here but, it is now Day 4. The last 4 days has been phenomenal. A few members of Blue Print For Life shared their stories of pain they have experienced growing up, and soon after the voices of the youth stood up in front of everyone sharing their stor

ies...stories of pain they have carried in for endless times, but the reaction and impact of these moments were so strong.. You can definitely see, and feel the hearts of everyone in the room as the cries came out. Personally, I have never felt emotional like this before either, so I felt more in my heart. Excitingly, we also had elders/parents contribute in the routines taught by the staff, plus we got the youth to also teach a small dance segment to them. It is great to see people overcoming obstacles, and accept new challenges. There was room for healing for everyone.. I also got to try Narwhal (whale with the giant horn). It definitely was different compared to other fish I've eaten. AND I had it RAW! Overall, today was awesome, and I am just waiting to hit up the feast that is going on today with the team, and ready to make some snow angels!;)

Julia Chayuk Illuitok

I really hope you guys come next year again!! I really love doing Hip hop Dance!

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#### Jeannie Aalukposted

#### 19 hours ago

i would love to say a very big thank you for coming up to kugaaruk also for help us feel free to speak up healing is the best thing in life ♥♥

<u>Barbara Tigvareark</u> it's so awesome my son Clifford was in it too, Thanks for all ur help Blue Print Crews made Kugaaruk Proud.

#### Aula Uggargluk

A very well understanding man ♥ thanks for comin to kugaaruk :) you made people proud! —

#### Julia Chayuk Illuitok

People's are getting way better not bullying and being really nice!! That's way better!!!!:D

Youth create their own facebook group Schoolyard Bully Beaters -worth checking out -not even sure the adults in Kugaaruk know about this