

Salluit, Quebec
Ikusik School

March 21st, 2013

To whom this may concern,

Salluit was the host of the *BluePrintForLife* Hip-Hop crew last December, and their visit was a real success. The grade 5, 6 and 7 students from our school participated in an intensive five day workshop in which they learned how to dance but while also learning how to cope with some personal issues. Every day, different subject matters were addressed with the young participants through speeches and workshops; the youth learnt how they could deal with problems such as family violence, drugs and alcohol, bullying, etc. The *BluePrintForLife* crew focused on respect throughout the week, and the students learnt how to reach out and support each other by staying respectful towards themselves and others. During the time that the Hip-Hop dancers were here in Salluit, the crew also focused on Inuit culture. They made the students realise that their culture was an important part of their lives and that they could always relate to it during more difficult periods of time, which would help them to overcome certain obstacles.

On the last day of their stay, the crew along with the students involved performed a show in front of a big audience from the community. A lot of people attended this show and they were all amazed by how much the students had accomplished during that week. The students also really enjoyed learning and performing hip-hop moves. I personally think that this whole project was a success and I recommend it to other communities.

Noémie Côté

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